

#### Aim and objectives:

In order to make an informed choice regarding one's job and education, career counselling focuses on assisting the individual in better understanding themselves as well as current workplace trends. Usually, the perfect time for students to seek Career Counselling is during the ages of 13-17 years (8th standard to 12th standard). This is a time of many changes taking place in their life, both physical and emotional, such as transitioning from school to college, and trying to "fit in" with peers. It is also a time when career decisions are made. This is why they need someone to guide them in the right direction at this time.

For college students who are still uncertain about their future opportunities. We all right now need career counselling to learn more about themselves. We can better understand our job alternatives and how to pursue them with the assistance of career counselling. It raises awareness of our strengths and weaknesses and informs us of the profession that would be most suitable for us. In continuation of the stated rationale, we have received a letter from National Commission for Women vide letter no 5/1/4/2021-22 WW& CB(NCW), Dated 17th August, 2021 and as per their instruction, we organized capability Building Programme Held on 18th December, 2021.

The Patharkandi College Carrier counseling & placement cell organized two events namely Capability building programme series 1 & awareness on Indian Constitution in a same day at 9: 30 am- 12:30 am & 1:30 pm-4:00 pm separately. Dr. Joyati Bhattacharya, Chairperson, Department of Political Science, Assam University, Silchar was a chief guest as well as special mentor of that events. The programme was conducted on hybrid mode. The programme was ended with the speech of Dr. Monjurul Hoque, the principal of Patharkandi College. About 200 students attended the programme.

# GLIMPSE OF FEW MOMENTS OF THE EVENTS





**Compiled by** Dr. Md. Imam Uddin Ansari, P.O, N.S.S Unit, & Assistant Professor, Department of Political Science, Patharkandi College.

Approved by:

02113/12/2021 Dr. Monjurul Hoque

Principal Patharkandi College Principal Patharkandi College Patharkandi College Dist.- Karimganj, Pin-788724 18/12/2021



ए. अशोली चलाई A Asholi Chalai संयुक्त सचिव Joint Secretary

### D.O. No. 5-14/2021-22 WW&CB (NCW)

भारत सरकार राष्ट्रीय महिला आयोग 'लाट न 21, जसोला इंस्तीद्यूशनल एरिया नई दिल्ली- 110 025 GOVERNMENT OF INDIA NATIONAL COMMISSION FOR WOMEN NATIONAL COMMISSION FOR WOMEN NEW DELHI 110 025 Website : www.ncw.nic.in E-mail : ashoti.chalai@nic.in jsncw.wcd@nic.in

17th August, 2021

#### Dear Sir,

National Commission for Women (NCW) has proposed to initiate 'Capacity Building & Personality Development Program (PDP)' for UG/ PG female students. Current course will focus on preparing students for entering job/employment market. The course will focus on learning and applying the use of intuitive. logical and critical thinking, communication and interpersonal skills, not limited to cognitive/creative skills and will also touch on digital literacy. These skills and behavior set, when learned, will enhance outcome of employability. Details of the proposed training program are enclosed for your kind perusal.

The program will be conducted through college having sizable female students in rural/ educationally backward areas, so as to enhance communication and interpersonal skills of the tonale students. It is also to be mentioned here that the entire cost of the training i.e. remaneration to resource person and miscellaneous expenditure will be borne by NCW.

I shall be grateful if you could forward the proposal to colleges/ departments falling under your esteem organization. The interested and motivated departments may get associated with NCW program for the empowerment of their female students. A line of acceptance to the proposal with the proposed number of webinar, list of students willing to enroll for the training and proposed dates may be forwarded to this office. A positive response from your side would be highly appreciated, which may please be sent on <u>neha.ncw@nic.in</u> (Phone no. 8937900189).

#### With kind regards,

Patharkandi College Dist- Karimgani, 788724 In ward No 10Ac/21/08 Date 25 05 201

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Yours sincerely

(A.Asholi Chalai)

Prof. Dilip Chandra Nath Vice Chancellor Assam University Post Box No.63 Silchar -788 001 Assam



## CAPACITY BUILDING & PERSONALITY DEVELOPMENT PROGRAM (PDP)

Personality Development Courses deal with developing the communication and interpersonal skills of an individual. Such courses are known to be high in demand as they help—andidates to learn soft-skills and techniques that are required to gain a competitive edge during placement and tob interviews. Personality development is gaining more and more importance as it enables students to create a good impression about themselves on others and helps them to build & develop relationships for career growth.

#### Objective:

Current course will focus on preparing students for entering job/employment market. Sometimes because of lack of confidence an individual may not be able to demonstrate good professional and communication skills. The course will focus on learning and applying the use of intuitive, logical and critical thinking, communication and interpersonal skills, not limited to cognitive creative skills. These skills and behavior set, when learned, will enhance outcome of employability.

## Course content: (total time duration 4.5 Hours)

- A. Personal Capacity Building
- **B.** Professional -Career Skills
- C. Digital Literacy & Effective use of Social Media

## A. Personal Capacity Building

- Listening
- Brainstorming
- Time management
- Stress management
- Group Discussion Skills and Internal Communication

### Session duration- 1.5 hours

#### Objective and outcome:

The objective of the session is to make learners engage in effective communication by respecting diversity and embracing good listening skills. Practice interpersonal skills for better relations with seniors, juniors, peers and stakeholders. Understand the importance of documentation of key critical ideas/thoughts articulated and action points to be implemented. Learning effective time management skills; thereby avoiding unwarranted stress.

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- B. Professional -Career Skills shall focus on building
- Identifying Career Opportunities
- Resume Skills
- Interview Skills
- Presentation Skills

## Session duration- 1.5 hours

## Objective and outcome:

The career skill aims at empowering an individual with ability to prepare an appropriate resume, addressing the necessary gaps for facing interviews and actively and effectively presenting their skill set thereof, etc. It is also of significant importance that students /individuals possess the knowledge and how aspect of exploring career opportunities for themselves, considering their innate strengths and weaknesses.

## C. Digital Literacy & Effective use of Social Media

#### Objective and outcome:

The session aims to generate awareness among women on safe usage of internet and social media platforms; raising awareness about cyber crimes; and advising users about the resources/ recourse available to women to prevent the problems and also how to handle such crimes.

Session duration- 1.5 hours

## Target Group:

Any female under graduate/ post graduate students who is interested in upgrading her soft skills.

## Training session:

There will be one day virtual session for each University; with minimum 150 students. The University may use the mode/ platform available with them for conducting the training. Further the Commission will provide a list of resource persons for the training, however the list will not be exhausting and the University may invite resource persons who they deem fit for the purpose.

Time*	Session
10:00-11:30 AM	Personal Capacity Building
11:45-01:15 PM	Professional -Career Skills
03:00- 04:30 Hrs	Digital Literacy & Effective use of Social Media

\*University may rearrange time as per their convenience.

## Budget estimate:

The Commission offers an estimate budget of Rs. 15,000 - per webinar. Estimated expenditure as per budget head is marked under per budget head is marked under

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S.No	P	
1	Budget Head	
	Horner	

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motarium to resource persons ig 2500\* (

## TEST YOURSELF:

Amount Rs. 7.500/-Rs. 7,500.

In order for studying to be effective, it is important that the students actually remember the information taught to them. After completion of all three sessions students will be asked to take an online quiz which will be organized through MyGov. The participants will be tested for their understanding of the subject through MCQs. The question paper will be based on the booklet training sessions conducted under the program. The participants will have to answer 20 Multiple-Choice Questions prepared by NCW within a time frame of 30 minutes. The question paper will be made available online at the time of examination. Assessment of question papers will be computerized.

Marking scheme: Each correct answer will be awarded two marks. There will be no negative marking

Certificate: All the participants will be able to download a 'Certificate of Participation' on completing the quiz. Top 25 participants will be provided 'Certificate of Commendation' daly signed by NCW, MyGov and or Head of the Institute. In case of duplicity of result, preference will be given to participant who has taken lesser time to answer all the questions correctly.

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# SKILL DEVELOPMENT CAPACITY BUILDING

## B.A 3<sup>rd</sup> Semester



L		B.A 3 <sup>rd</sup> Semester			
0.	Name of the Candidate	Roll No	Mobile Number	Skill Name	
1	Sumaiya Begom	76	9365117128	Computer & Communication	
2	Sahida Begam	209	the same strength of the side of the same strength and the same strength of the same str	Computer & Communication	
3	Tanu Das	and the second se	9395030639	Computer & Communication	
4	Bonani Goswami	331	9394736866		
5	S.U Fohana Begom	107	9707409069	Computer & Communication	
6	Puja Paul	54	8011573987	Computer & Communication	
7		60	6001536641	Computer & Communication	
, 8	Maisha Fahmida	256	8019835107	Computer & Communication	
	Prachi Dutta	134	7637871883	Computer & Communication	
9	Sagata Dhar	65	6900853684	Computer & Communication	
10	Begum Wahida Perbin	128	9395107478	Computer & Communication	
11	Mehbuba Khanam	252	9101682934	Computer & Communication	
12	Mahmuda Sultana	317	9435177207	Computer & Communication	
13	Ronika Roy	43	8738179518	Computer & Communication	
14	Songita Sinha	58	9854946011	Computer & Communication	
15	Monisha Sinha	242	6901973881	Computer & Communication	
16	Quazi mst.Mazida Khanam	284	9954285848	Computer & Communication	
17	Nazima Begam	285	7099476863	Computer & Communication	
18	Abida Begam	315	9707761310	Tailoring	
19		162	8822693057	Computer	
20	Aparna Sinha	319	6003976009	Computer	
21	· · · · · · · · · · · · · · · · · · ·	318	9707407293	Computer	
22		21	8136025740	Computer	
23	· · · · · · · · · · · · · · · · · · ·	24	7099752521	Computer	
24		176	6900924531	Computer	
2!		165	8822534910	Computer	
2	6 Sikha Rani Debnath	34	9864634177	Tailoring	
2	7 Disha Dey	82	8822356041	Computer	
2		83	8822384693	Computer	
2		84	6003015461	Computer & Tailoring	
3		203	8044188047	Computer & Tailoring	
3	1 Puspa Rani Dey	144	9954937987	Computer & Tailoring	
3		87	9954958027	Computer & Tailoring	
3		219	8822158785	Computer & Tailoring	
3	4 Jahida Begum	100	6000697433	Communication	
3	5 Sharmila Sinha	102	8099929852	Communication & Tailoring	
3	6 Kajol Sinha	216	9954506336	Computer & Tailoring	
3	7 Ashmita Mazumdar	246	8822571422	Computer & Tailoring	
3	8 Sushmita Chakraborty	14	6000465569	Tailoring	
3	9 Jarna Baidya	300	9021667115	Computer	
4	0 Meenakshi Nomosudra	48	9707798546	Computer	
3	1 Rubya Begum	70	8753956816	Computer & Tailoring	
4	2 Mahfuja Yeasmin	323	6001843856	Computer & Tailoring	
4	3 Shavmin Akter	290	8011457565	Computer & Tailoring	
	4 Mazida Begam	17	6901593487	Computer & Tailoring	
	5 Shahina Begam	207	6003298588		
4	6 Nurun Nehar	243	6901597477	Computer & Tailoring	
4	7 Sadia Ferdousi	125	9394765696	Computer & Tailoring	
4	8 Rumana Begam	170	6003072169	Computer & Tailoring	
4	9 Biuti Dey	96	8822110410	Computer & Tailoring Computer & Tailoring	
	0 Jumki Deb Nath		0022110410	LOMPUTER & Lailoring	

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No.	Name of the Candidate	Roll No	Mobile Number	Skill Name
51	Shiuli Mazumdar		Proble function	Computer & Tailoring COPT
52	Trishna Dey	203		Computer & Tailoring 0
		97	9707230195	Computer & Tailoring
53	Anamika Sinha	218	8473881246	Computer & Tailoring
54	Puspa Goswami	183	8638179518	Computer & Tailoring
55	Rajdeep Nath	269	6001528388	Computer
56	Joydeb Nath	81	6001568547	Computer
57	Mistu Ranjan Dey	139	7099991487	Communication
58		52	8811987430	Computer & Communication
59	Rahul Nath	283	6001830290	Computer
60		86	9862656473	Computer & Communication
61		47	6000789556	Computer & Communication
62		11	9954307866	Computer
63		04	6383045787	Communication
64		27	8011464834	Computer & Spoken English
		69	6362048771	Computer & Communication
65			7636867816	Computer & Communication
66		159	8011519235	Computer & Communication
67	, internet and int	198	9854663584	Spoken English & Computer
68		114	9401765561	Spoken English & Computer
69		112	8822850548	Spoken English & Computer
70		05	7896809266	Spoken English & Computer
7		184	9864738312	Spoken English & Computer
7.		340	9101322657	Spoken English & Computer
7.		211	9394343537	Song & Arts
7.		197	6001452779	Computer & Soft skill
7		271	6001244869	Computer etc.
7		192	9101998854	Computer
		104	9101262403	Computer etc.
7		67	6000354856	Computer
	0 Md Habib Hussain	263	8638050066	Computer & Tailoring
8		71		Computer & Tailoring
	2 Quazi Jamil Ahmed			Computer & Tailoring
8		01	7035241558	Computer
	4 Masum Ahmed	03	8822793727	Computer
	5 Misbahul Haque Mazumdar	02	9954491362	Computer
	6 Iftekhar Hussain Choudury		6003012720	Computer
8		92	9954781880	Spoken English & Computer
8			7099254380	Spoken English
8		264	9864718595	Spoken English
Bellin .	0 Marjana siddique	121	6901094700	Communication & Notes Making

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Homes 2021 25 ml 2021

Principal Patharkandi Colleg**e** L.- Karimganj, Pin- 788724

# SKILL DEVELOPMENT CAPACITY BUILDING

## B.A 1<sup>st</sup> Semester



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L o.	Name of the Candidate	Roll No	Mobile Number	Skill Name
1	Ruksana Begam		995798155	Computer
2	Rahela Begam		8822102381	Computer
3	Snigdha Paul		0022102501	Tailoring
4	Sweety Paul		6002449748	Computer
5	Sazida Begam		8453809403	Computer
6	Tahmina Begam			Computer
。 7	Fokrun Nessa		8133926096	
, 8			8638761521	Computer
	Suma Begam		9859796274	Computer
9	Fatima Begam		6026647309	Computer
10	Nilufar Sultana		70997246203	Computer
11	Formana Begum		7002549344	Computer
12	Amina Begam		6901109797	Computer & Tailoring
13	Ruji Sultana		8453933464	Computer
14	Husiara Begum		9394737076	Computer
15			9365074803	Computer
16	Husana Begum		7035789377	Computer
17	Julfa Begam		9366846487	Tailoring
18	Rajina parbin		9395230250	Tailoring
19	Bipasha Das		7099998682	Computer
20	) Juhi Deb Nath		8638330023	Computer
21	L Binita Suklabaidya		6000087208	Computer
27	2 Begam Marupa Parbin		9859708721	Computer
23	B Rahela Begam		9954076602	Computer
24	4 Mst Wahida Ferdouse		7896448947	Computer
2	5 Hafsa Begam		9678007718	Tailoring
2	6 Shahida Yeasmin		8822392890	Tailoring
2	7 Rumpi Nath		9101992956	Tailoring
2	8 Saptami Chanda		9678491860	Tailoring
2	9 Payal Das		8453535011	Tailoring
3	0 Suniti Deb Nath		6002888077	Tailoring
3	1 Ranjita Bhowmik		9613253403	Tailoring
3	2 Barnali Sharma	96	6900660953	Tailoring
3	3 Rasna Begam	284	6900609584	Computer
3	4 Rani Sinha	421	9859166310	Tailoring
3	5 Divia Sinha	285	9954650284	Tailoring
3	36 Soniya Sinha	199	8822619842	Tailoring
-	37 Supriti Rajkumari	88	9707176761	Tailoring
3	38 Sharmila Sinha	118	8822556847	Tailoring
1	39 Sonti Roy	244	9132427709	Computer
	10 Diya Das	136	7086434232	Computer
	41 Diya Baidya	389	8812996872	Tailoring
-	42 Samima Akter Sarmin		9654452019	Computer
	43 Rimpa Malakar	416	9954452019	Computer
-	44 Jasmina Begam		9954170363	Computer & Tailoring
	45 Sahanara Begam		6003081692	Tailoring
	46 Anisha Paul		8399035213	Computer soft skill & Tailoring
	47 Ayesha Begam		6900988227	Computer soft skill & Tailoring
1	48 Shara Begam		6003298588	Computer soft skill & Tailoring
	49 Sobita Nath		9859861715	Computer soft skill & Tailoring
1	50 Rajana Begum		6900076197	Computer soft skill & Tailoring

	Name of the Candidate	Roll No	Mobile Number	Skill Name and Co
h	Leina Khanom			
1	lasina Khanom		8471817322	Computer soft skill alloring
2 5	Subharnath		6002248480	Computer soft skill alloring
3	Dulahana Ferdouse			Computer soft skill & Latering
4	Nazmina Begom		9707492474	Computer soft skill & Tailoring
5	Subana Begam		7035974940	Computer soft skill & Tailoring
6	Begam Momina Bilkis		6001452168	Computer soft skill & Tailoring
7	Saptami Das		6002539150	Computer soft skill & Tailoring
58	Momota Deb		9854320771	Computer soft skill & Tailoring
59	Pipasa Deb Nath		9395602270	Computer soft skill & Tailoring
60	Miss Imrana Khanam		7086225009	Computer soft skill & Tailoring
61	Fatima Begam		6026647309	Computer soft skill & Tailoring
62	Nargish Akther		970746881	Computer soft skill & Tailoring
63	Mashuda Sultana		6001052744	Computer soft skill & Tailoring
64	Amina Begam		6901109797	Computer soft skill & Tailoring
65	Jasmina Begom		9954170368	Computer soft skill & Tailoring

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